

# 30<sup>th</sup> Sunday of the Year A

*You must love the Lord your God  
with all your heart, with all your soul,  
and with all your mind. (Mt 22:37)*



## First Reading

*Exodus 22:20-26*

The Lord said to Moses, "Tell the sons of Israel this, 'You must not molest the stranger or oppress him, for you lived as strangers in the land of Egypt. You must not be harsh with the widow, or with the orphan; if you are harsh with them, they will surely cry out to me, and be sure I shall hear their cry; my anger will flare and I shall kill you with the sword, your own wives will be widows, your own children orphans.

If you lend money to any of my people, to any poor man among you, you must not play the usurer with him: you must not demand interest from him.

If you take another's cloak as a pledge, you must give it back to him before sunset. It is all the covering he has; it is the cloak he wraps his body in; what else would he sleep in? If he cries to me, I will listen, for I am full of pity."

## Second Reading

*1 Thessalonians 1:5-10*

You observed the sort of life we lived when we were with you, which was for your instruction, and you were led to become imitators of us, and of the Lord; and it was with the joy of the Holy Spirit that you took to the gospel, in spite of the great opposition all round you. This has made you the great example to all believers in Macedonia and Achaia since it was from you that the word of the Lord started to spread – and not only throughout Macedonia and Achaia, for the news of your faith in God has

spread everywhere. We do not need to tell other people about it: other people tell us how we started the work among you, how you broke with idolatry when you were converted to God and became servants of the real, living God; and how you are now waiting for Jesus, his Son, whom he raised from the dead, to come from heaven to save us from the retribution which is coming.

## **Gospel**

*Matthew 22:34-40*

When the Pharisees heard that Jesus had silenced the Sadducees they got together and, to disconcert him, one of them put a question, "Master, which is the greatest commandment of the Law?" Jesus said, "You must love the Lord your God with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second resembles it: You must love your neighbour as yourself. On these two commandments hang the whole Law, and the Prophets also."

## **Meditation**

*"Be holy, for I, the Lord your God, am holy" (Lv19:2). The people of God must take God as their model. He is loving and compassionate, slow to anger and rich in mercy. In his fidelity, he cares for those who cannot help themselves. The widow, the alien, the orphan are under his special protection.*

*The people bound to him by covenant must also show their fidelity by caring for the powerless. All the detailed laws of the covenant lead back to this basic principle: the sole demand of God is love.*

*Jesus says that the second commandment is like the first. In fact it is the manifestation of the first. If you love the Lord your God with your whole being, that love will show itself in the feeding of the hungry, the sheltering of the homeless, the release of the oppressed. Jesus, the supreme revelation of the Father's love, showed the depth of that love by giving his life for us when we were still powerless. The sign that we are his disciples is our love for one another.*